

Catholic Prayers





The Our Father

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is
in heaven.
Give us this day our daily
bread;
and forgive us our trespasses
as we forgive those who
trespass
against us;
and lead us not into temptation,
but deliver us from evil.

Amen

Hail Mary

Hail Mary, full of grace,
the Lord is with you;
blessed are you among
women,
and blessed is the fruit
of your womb, Jesus.
Holy Mary, Mother of
God,
pray for us sinners
now and at the hour of
our death.
Amen.

Act of Contrition

My God,
I am sorry for my sins
with all my heart.
In choosing to do
wrong and failing to do
good,
I have sinned against
you whom I should
love above all things.
I firmly intend, with
your help,
to do penance, to sin
no more,
and to avoid whatever
leads me to sin.
Our Savior Jesus
Christ suffered and
died for us.
In his name, my God,
have mercy.
Amen.

The Hail Holy Queen

Hail, holy Queen, mother
of mercy,
our life, our sweetness,
and our hope.
To you we cry, poor
banished children of
Eve;
to you we send up our
sighs,
mourning and weeping
in this valley of tears.
Turn, then, most
gracious advocate,
your eyes of mercy
toward us;
and after this, our exile,
show unto us the
blessed fruit of your
womb, Jesus.

O clement, O loving, O
sweet Virgin Mary



Nicene Creed

I believe in God,
the Father almighty,
maker of heaven and earth,
Of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of Father before all ages.
God from God, Light from Light,
true God from true God, begotten,
not made consubstantial with the
Father; through him all things were
made. For us men and for our
salvation he came down from
heaven, and by the Holy Spirit was
incarnate of Virgen Mary, and
became man, For our sake he was
crucified under Pontius Pilate, he
suffered death and he was buried,
and rose again on the third day in
accordance with the scriptures. He
ascended into heaven and seated
at the right hand of Father. He
come again in glory to judge the
living and the dead and his
kingdom will have not end. I
believe in the Holy Spirit the Lord,
the giver of life who proceeds from
the Father and the Son, who with
the Father and the Son is adored
and glorified, who was spoken
through the prophets. I believe in
one, holy catholic and apostolic
Church. I confess on baptism for
the forgiveness of sins and look
forward to the resurrection of the
dead and the life of the world
come. Amen



The Ten Commandments

1. I am the LORD your God: you shall not have strange Gods before me.
2. You shall not take the name of the LORD your God in vain.
3. Remember to keep holy the LORD'S Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.



Gloria Be

Glory be to the Father,
and to the Son, and to
the Holy Spirit: As it
was in the beginning, is
now and ever shall be,
world without end.
Amen.



The Sing of The Cross

In the name of the
Father and The Son
and The Holy
Spirit. Amen

The seven gifts of the Holy Spirit

Wisdom
Understanding
Counsel
Fortitude
Knowledge
Fear of the Lord
Piety

I Confess

I confess to almighty God, and
to you, my brothers, and
sisters, that I have sinned
through my own fault in my
thoughts and in my words, in
what I have done, and in what I
have failed to do; and I ask
blessed Mary, ever virgin, all
the angels and saints, and you,
my brothers and sisters, to
pray for me to the Lord our
God. Amen.



Five Steps to making a good Confession

1. I think of my sins
2. Be truly sorry for them
3. Promise God not to sin again.
4. Say all my sins to the priest .
5. Do the penitence

When going to Confession

Say hello to the priest.
Make the sign of the cross.
Confess all your sins.
Listen to the penance.
Say the Act of Contrition
Receive the absolution of the Father
say goodbye to the father
Go to the altar to do your penance.

The Corporal works of Mercy

- To feed the hungry
- To give drink to the thirsty
- To clothe the naked
- To visit and ransom the captives.
- To shelter the homeless
- To visit the sick
- To bury the dead



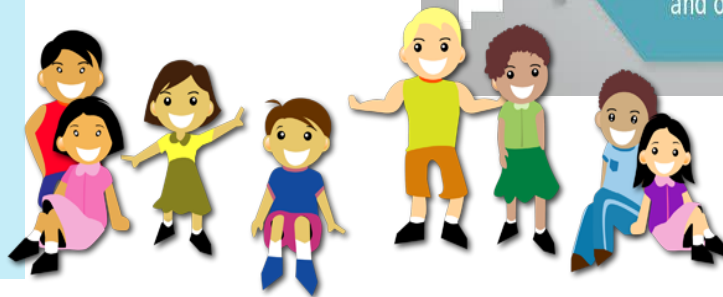
The Spiritual works of Mercy

- To admonish sinners.
- To instruct the ignorant.
- To Counsel the doubtful.
- To Comfort the sorrowful.
- To Bear wrong patiently.
- To Forgive all injuries.
- To Pray for the living and the dead.

The Precepts of the Church

The precepts of the church describe the minimum effort we must make in prayer and living a moral life. All Catholics are called to move beyond the minimum by growing in love of God and Love of neighbor.

1. Attendance mass on Sundays and Holy Days of Obligation.
2. Confession of serious sin at least once a year.
3. Reception of Holy Communion at least once a year during the Eastern season.
4. Observance of the days of fast and abstinence.
5. Providing for the needs of the Church.



THEOLOGICAL VIRTUES

FAITH

The virtue by which we believe in God and in all that He has revealed to us.



HOPE

The virtue by which we trust God will fulfill his promises and look forward to eternal life.



CHARITY

The virtue by which we love God above all things and our neighbor as ourselves.

